



sally k. norton

Uniquely qualified speaker and lecturer on health and wellness

For Booking contact:
booking@sallyknorton.com

Testimonials

“Sally exceeded all expectations.”

Kelly Leonard, RD Greater Richmond Academy of Nutrition and Dietetics

“Sally K. Norton’s session was great and insightful. I kept telling my colleagues and family about what I learned.”

Juanita Thompson – American Cancer Society, Inc.



When Healthy Living Doesn’t Work

Eating and living well, but feeling confused because you still feel bad? Sally K. Norton, MPH exposes the common mistakes healthy people make that cause them not to feel amazing.

If you want to really know what to eat to reverse pain, feel young again, and feel fit and energetic, Sally reveals all in her informative and entertaining talks. Sally will show you how to:

Get fit and healthy naturally

Stop pain

Restore your energy

Heal and recover more quickly

This little-known information will change your life or the life of your audience.

Sally can deliver her acclaimed talk in 90 or 45 minutes

Sally K. Norton, MPH Biography

Sally K. Norton is an expert in the art and science of healthy eating and healthy living.

Throughout her long career as a health and nutrition educator, Sally has entertained and educated diverse audiences, including medical professionals, dietitians, social workers, and non-health professionals – sustainable growers, business owners, kitchen staff of NGOs, as well as community groups, families, school children and elders.

Sally’s background includes health research design and administration at two University Medical Schools, and health professions education at the Program on Integrative Medicine at the University of North Carolina. She is the editor and co-author of a series of monographs on complementary health care and integrative medicine. Her interest and expertise in dietary oxalates originated from personal experience in healing pain and fatigue for herself and many clients.

She received her degree in Nutrition from Cornell University and her Masters degree in Public Health from the University of North Carolina, Chapel Hill.

SPEECHES | SEMINARS | KEYNOTES

Book Sally to inspire and leave a lasting impact on your audience’s health

www.SallyKNorton.com